

Circle of Trust®: Reconnecting who you are, with what you do.

Courage & Renewal AUSTRALASIA

Wholeness does not mean perfection: it means embracing brokenness as an integral part of life. Knowing this gives me hope that human wholeness – mine, yours, ours – need not be a utopian dream, if we can use devastation as a seedbed for new life.

Parker J Palmer

*Reconnecting
who you ARE,
with what you DO.*



*Set in quiet, native-bush,
oceanfront surroundings at
Seven Mile Beach in
Southern Tasmania at eco-
friendly [Wyndham Resort](#).*

Are you passionate about your work? Are you trying to sustain yourself in the midst of heavy demands? Does the commitment and urgency you feel to make a difference press heavily?

Circle of Trust® retreats offer rare opportunities for renewal: for deeper connection with like-minded, committed peers, and the chance to engage with personal questions of importance at a gentle pace in a tranquil setting, where all sharing is by invitation and in a safe atmosphere of collegial enquiry.

The methods of Circles of Trust focus kindly and unthreateningly upon the integrity and core values of the whole person; giving attention to individual identity and courage for the varied roles and responsibilities that fill our lives. In so doing, Circles of Trust powerfully enable in participants those key indicators of performance – for all of life – which allow the bringing of all of who we are, to what we do.

Two separate retreats are being offered. They may each be undertaken as a stand-alone time of personal and professional development – and should you wish to deepen your practice, can be undertaken as a complementary series of two. (Pigeon pair discounts may be available)

JULY RETREAT:

Gathering 5:00 pm Friday, July 24th,
concluding after lunch on
Sunday, July 26th, 2015

AUGUST RETREAT:

Gathering 5:00 pm Friday, August 14th,
concluding after lunch on
Sunday, August 16th, 2015

For over 15 years, across the world, Circles of Trust have *encouraged and renewed* more than 40,000 people in all walks of life—from teachers to doctors, lawyers to public servants, homemakers to volunteers, spiritual directors to coaches, corporate to non-profit executives, to people just like you.

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Past participants report powerful benefits including:

A stronger sense of purpose and fulfillment

Feeling recharged and ready to return as an agent of positive change

Heightened self-awareness and ability to be fully present

More trustworthy and compassionate relationships

PROGRAM FEES

**\$595 (GST inclusive)
PER RETREAT**

Includes registration, all meals and accommodation in individual room in 3 bed self contained apartments.

Deposit of \$100 due with registration, balance 1 month prior to the retreat.

\$50 discount each if booking for twin/double rooms (subject to availability)

Courage & Renewal retreats foster personal and professional renewal by offering time, space, promptings and a community of support to reflect on life and work. They create opportunity to:

- Pause, be still, disconnect from technology and the pace of a modern life.
- Engage at a deeper level with our true selves and the questions that have heart and meaning for us.
- Investigate, talk through, and honour both struggles and successes.
- Witness and be witnessed, listen and be listened to—without performance evaluation, judgment, comparison, or ego.
- Learn new skills for strengthening capacity to ask open, honest questions, hold tension, and re-join soul and role.

What to Expect: Approximately 20 other people will participate in this retreat with you. Together, we will engage in large and small-group dialogues focused on evocative texts and questions, experience silence, solitude and journaling for reflection, and tell stories from our own lives and work. Thereby a shared process of exploring the intersection of our inner lives and our leadership in the world will be created.

This program is based on the Circle of Trust approach developed by the Center for Courage & Renewal and Parker J. Palmer. You can learn more online at www.couragerenewal.org/approach.

Our Venue: Join us at the luxurious and convenient yet secluded Wyndham Resort, 78 Surf Road, Seven Mile Beach, near Hobart in Tasmania, across from the expansive beach itself, and just 10 minutes from Hobart Airport and 15 minutes from the city.



YOUR RETREAT FACILITATORS

Rosalie ‘Rosie’ Martin has spent 30 years as a generalist speech pathologist – the past 20 of which have been in her own [practices](#). She has particular skills in supporting people with literacy acquisition disorders and autism – and their families. Rosie has recently founded a [new charity](#) to bring this skill-set to disadvantaged populations. Her understanding of the skills of human communication combined with the delights of raising her own sons and her connection with others has fuelled her passion for the status of communication as the basis of wholeness and progress. Rosie values that what we bring authentically of ourselves to our communication with others, shapes its outcomes. She loves play and fun and beauty in all its forms – especially the beauty of human kindness. She is currently a Facilitator in preparation with the Center for Courage & Renewal and is committed to creating safe and nurturing learning space to support individuals and professionals in transformative learning and growth. Both Retreats. r.martin@spt.com.au



Richard ‘Rich’ Martin is a group facilitator with background in small business, training and mentoring. His particular interests are in mindful personal-development for men and others who have experienced disadvantage and loss. He works in his own businesses, which include property, storage and IT support and volunteers other time in a wide range of local and overseas community-development projects. He is currently a Facilitator in preparation with the Center for Courage & Renewal, excited to be sharing a suite of such high quality and relevant management tools. Both Retreats. rm@studio110.com.au



Janet Smith, PhD, MEd, is an Associate Professor of Education and Director of the Education Institute at the University of Canberra, where she has taught Educational Leadership and Teacher Education for the past 20 years, and has occupied a range of leadership positions, including Associate Dean of Education. In addition to her work at the university, Janet has also worked as a consultant, focusing on leadership, spirituality, professional learning and renewal. Janet’s current work at the university involves managing and teaching national and international professional learning courses.

Janet was prepared as a Courage & Renewal facilitator in the US in 2007, and was the first non-North American C&R facilitator. Since then, she has pioneered and established C&R work in Australasia, and has assisted the Center for Courage & Renewal to prepare 25 additional Australasian Courage & Renewal facilitators. July retreat only. janet.smith@netspeed.com.au



“In this culture, we know how to create spaces that invite the **intellect** to show up, to argue its case, to make its point.

We know how to create spaces that invite the emotions to show up, to express anger or joy.

We know how to create spaces that invite the **will** to show up, to consolidate effort and energy around a common task.

And we surely know how to create spaces that invite the **ego** to show up, preening itself and claiming its turf!

But we seem to know very little about creating spaces that invite the **soul** to show up, this core of ourselves, our selfhood.”

—Parker J. Palmer

